

REGISTRATION	FEE	TIME
1 Mile Fun Run/Walk	Free	9:30
5K Run	\$15 (before 8/31) \$20 (before 9/23) \$10 (active military) \$5 (WHS/WES student)	10:00
Family Festivities		10:00-1:00
Awards Ceremony		11:45
Race day registration	\$25	8:00-9:45

Mail fee & application to:

Watervliet City Hall, Recreation Department
2 15th Street
Watervliet, NY 12189.

Make checks payable to: Arsenal City Run

Name _____

Address _____

City/Town _____ State _____ Zip _____

Emergency Contact _____

Phone _____ Email Address _____

Age ____ M F **Dri fit shirt in women's or men's fit for 5K runners-sign up early to guarantee size**

Women's Sm Med Lg XL

Men's Sm Med Lg XL

Race Fun Run/Walk 5K

Team Participant: _____

Please read and sign: In consideration of the acceptance of this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, my executors and administrators waive and release any and all rights and claims for damages I might have against the Watervliet Recreation Department, City of Watervliet for all injuries suffered by me in said event. I attest and verify that I am physically fit, and my physical condition has been verified by a licensed medical doctor.

Signature _____ Date _____

Parent/Guardian (if under age 18) _____

CITY OF WATERVLIED
RECREATION DEPARTMENT
2 15TH STREET
WATERVLIED, NY 12189

36th Annual Watervliet Arsenal City Run

2017



Sunday, September 24th

Fun Run/Walk 9:30 a.m.

5K 10:00 a.m.

RACE APPLICATION

www.arsenal5k.com



Dear Patrons, Sponsors & Volunteers:

As Mayor of Watervliet, I'd like to thank you for participating in the 36th Annual Arsenal City Run.

Once again, we have run our sponsorship drive to help benefit the City's Adopt-a-Family Holiday Program (last year we purchased 15 gifts for the WHA Visit from Santa and assisted 5 families with Christmas gifts). Our sponsors are listed to the right - **please support them** - without their generosity this would not be possible.

We are graciously awarding \$1,000 in prize money to 5K participants (see breakdown).

I hope you enjoy your day with us!

Michael P. Manning
Mayor

City of Watervliet Holiday Adopt-A-Family

Due to the generosity of our sponsors and participants, we can donate a portion of the proceeds from the race to this worthy cause. Programs like these take a lot of time and organization, but the end result is rewarding and brings happiness and satisfaction to all involved. Thank you for your support!

Registration-Register online at www.arsenal5K.com or www.zippyreg.com, by mail, in person at Watervliet City Hall, Room 3, M-F between 8:00-4:00 and the day of the race between 8:00-9:45 a.m. (registration fee goes up to \$25 during this time).

Teams-The finish time for teams is the average time of two males and one female. If you are registering as a team, please indicate on the registration form. If registering online, indicate you are a team member and submit your team names on race day at the registration desk. You can also call Chris at 270-3815 or send an email to cchartrand@watervliet.com.

Packet Pick up will be Friday, September 22nd from 8:00 a.m. - 4:00 p.m.; and morning of the race.

5K Shirts - This year we are once again including dri fit t-shirts in a women's fit and a men's fit for 5K participants. Register early to ensure your size and fit. **There is a chance day of race registration may not include shirt distribution.**

Awards ceremony will begin at approximately 11:45 a.m.

Cash Awards

Top M/F under age 20	\$50
*Top M/F under age 20/Watervliet resident	\$50
Top M/F 20+ - 1 st and 2 nd place	\$75/\$50
*Top M/F 20+/Watervliet Resident 1 st & 2 nd place	\$75/\$50
Top team (2 M/1 F) - 1 st & 2 nd place	\$100/\$50
*Top team (2 M/1 F) - 1 st & 2 nd place - Watervliet Resident	\$100/\$50

***Please note that to be eligible for the WATERVLIIET RESIDENT categories you must be a resident of the CITY OF WATERVLIIET (your address must be within the City limits) - 12189 zip code does not signify residency.**

Age Group for Males & Females - Medals

12 & under	30 to 34	45 to 49	60 to 64
13 to 19	35 to 39	50 to 54	65 to 69
20 to 24	40 to 44	55 to 59	70+
25 to 29			

Medals will be presented to the winners according to the age groups listed above. Medals will also be awarded to the Watervliet resident finishing first in each category.

POST-RACE FESTIVITIES will take place at the "DOME" (corner of 2nd Ave. and 13th St.). This includes music, awards ceremony, food, complimentary beer, face painting, balloon sculptures, bouncy bounce and much more.

For questions or additional information, please call 270-3815.

SPONSORS

Platinum+

PIONEER BENEFITS CONSULTING

Platinum

GALLO CONSTRUCTION

Gold

**SCHUYLER COMPANIES
STEWART'S SHOPS
STRECKS
WESTON & SAMPSON, P.E.**

Silver

**BONDED CONCRETE
GREENWOOD CONTRACTING
GUS'S HOT DOGS
HIGHLAND TANK OF NY
REIS INSURANCE GROUP
SCHUYLER BAKERY**

Bronze Sponsors

**ADVANCE GLASS
BOB'S DINER
HART ALARM SYSTEMS
INTENTIONS MASSAGE & BODYWORK
LAMB & LAMB
MAC'S DRIVE-IN
PAUL MURPHY - MFCS, LLC
MOORE INSURANCE AGENCY
R.J. CARIGNAN & COMPANY
RUSTY ANCHOR
S.M. GALLIVAN
TILLEY LOFTS
WATERVLIIET AOH
WATERVLIIET ELKS LODGE #1500**